

Service and Agency Providers

Service	Eligibility/Information	Agency	Number
Adult Day Care/Day Health	For anyone at least 18 years of age and in need of supportive services.	Adult Life Programs	828-326-9120
Caregiver Support Group	Meets 2 nd Tuesday of each month at 1 pm.	West Hickory Senior Center	828-328-2269
Congregate Meals	Catawba County residents age 60 or older, pre-registration required.	Senior Nutrition Services	828-695-5610
Counseling about Insurance	Catawba County resident currently on Medicare or new to Medicare, including those on Medicare due to disability. Group meetings are held periodically throughout the year and individual counseling sessions are by appointment.	West Hickory Senior Center (SHIIP Coordinating Site)	828-328-2269
Disaster Preparedness Training	Offered annually through Catawba County Emergency Management Services.	West Hickory Senior Center Catawba County Emergency Management Services	828-328-2269 828-465-8473
Durable Medical Equipment/Assistive Devices	A loan closet is maintained for those needing equipment. No charge or income requirement. Grace Care Ministry provides free used medical mobility equipment.	West Hickory Senior Center Lakeview Baptist Church	828-328-2269 828-324-8085

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<p>Energy Assistance</p>	<p>Heaters and fans are available seasonally at no charge, first come.</p> <p>Christian Ministries through Duke Energy Share the Warmth Program offers assistance with energy bills.</p> <p>LIEAP Program offers assistance with energy bills based on income.</p>	<p>West Hickory Senior Center</p> <p>Greater Hickory Cooperative Christian Ministries</p> <p>Ashure</p> <p>Department of Social Services</p>	<p>828-328-2269</p> <p>828-327-0979</p> <p>828-465-1702</p> <p>828-695-5600</p>
<p>Fitness/Health Promotion</p>	<p>Exercise and health education programs are offered on a regular basis. Flu shot clinics are offered annually at locations throughout the county.</p>	<p>West Hickory Senior Center</p>	<p>828-328-2269</p>
<p>Food Distribution</p>	<p>A food pantry is maintained for those needing food. No charge or income requirements.</p>	<p>West Hickory Senior Center</p>	<p>828-328-2269</p>
<p>General Transportation</p>	<p>Fixed route transportation in Conover, Hickory, and Newton. Seniors 65 or older and disabled persons ride for \$.60. Van service is available by request.</p>	<p>Greenway Transportation</p>	<p>828-465-7634</p>

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Health Screenings	Hearing screenings and mammogram clinics are offered.	West Hickory Senior Center	828-328-2269
Home Delivered Meals	For Catawba County residents 60 and older who are home bound.	Senior Nutrition Services/Meals on Wheels	828-695-5639
Home Health/In-Home Aide Services	Community Alternatives Program (CAP) allows eligible persons to remain safely at home instead of entering a nursing home.	Department of Social Services	828-695-5600
Home Repair/Modification	<p>Habitat Repairs Program offers home repair to eligible persons. Home must be owned by applicant.</p> <p>Urgent Repair Program corrects housing conditions that threaten the life or safety of special needs homeowners.</p>	<p>Habitat for Humanity</p> <p>Western Piedmont Council of Governments</p>	<p>828-328-4663</p> <p>828-322-9191</p>
Housing Assistance	<p>Foreclosure Prevention, Section 8 Rental Assistance.</p> <p>Public housing-federally supported subsidized housing where tenants pay 30% of their incomes in rent.</p>	<p>Western Piedmont Council of Governments</p> <p>Hickory Housing Authority</p>	<p>828-322-9191</p> <p>828-328-5373</p>

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Job Placement	On-line resource for job seekers, can search for jobs, create resumes, and find education and training. Career Center in Conover Station Open M-Th 8-4:30, F 8-12	NCWorks	828-466-5535
Job Training	On-line resource for job seekers, can search for jobs, create resumes, and find education and training. Career Center in Conover Station Open M-Th 8-4:30, F 8-12	NCWorks	828-466-5535
Legal Services	Free legal services, such as will preparation, are offered by appointment each year at the West Hickory Senior Center on a first come basis. Waiting list is maintained.	West Hickory Senior Center Legal Aid of North Carolina Legal Aid Senior Hotline	828-328-2269 1-800-849-5195 1-877-579-7562
Long-term care/AAA Ombudsman	Available to those in a long-term care facility.	Area Agency on Aging	828-322-9191
Medicaid Benefits	Based on income and resources, application required.	Department of Social Services	828-695-5600
Medical Transportation	Age 60 and older.	Greenway Transportation	828-464-9444

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Medicare A&B	Sign up on-line at ssa.gov , call the local SS office, or visit in person at 1501 US-321, Hickory. Assistance with applying is available by appointment at the West Hickory Senior Center.	Social Security Administration	1-888-877-1615
Medicare Part D	Assistance with applying is available at the West Hickory Senior Center by appointment.	West Hickory Senior Center (SHIIP Coordinating Site)	828-328-2269
Mental Health	Outpatient treatment, residential treatment, and crisis management.	Catawba Valley Healthcare	828-695-5900
One-on-One Reverse Mortgage Counseling	Counseling is provided by phone. Assistance with calling is available at the West Hickory Senior Center by appointment.	Housing Options Provided for the Elderly (HOPE)	844-432-6467
Rehabilitation Services	Counseling, training, education, transportation, job placement, assistive technology, and other support services for disabled individuals.	Vocational Rehabilitation	828-322-2921

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Respite	Temporary relief for caregivers.	Area Agency on Aging Family Caregiver Program	828-485-4256
		Project C.A.R.E.	828-485-4267
Senior Games	Competitive games for people 50 years of age and older held at various locations throughout the Unifour region each Spring, registration forms available at the West Hickory Senior Center.	Hickory Parks and Recreation	(828) 324-1200
Social Security Benefits	Sign up on-line at ssa.gov, call the local SS office, or visit in person at 1501 US-321, Hickory. A Social Security representative visits the West Hickory Senior Center at least once per year to present information and answer questions.	Social Security Administration	1-888-877-1615
Tax Preparation/Counseling	AARP Tax Aid provides free tax preparation and counseling at the West Hickory Senior Center, Patrick Beaver Library, and Newton Library.	West Hickory Senior Center	828-328-2269
Telephone Reassurance	Senior Center volunteers call participants who sign up for this program to chat and provide information.	West Hickory Senior Center	828-328-2269

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	"Are You Ok?" Program contacts older adults at a prearranged time each day to ensure they are safe.	Catawba County Sheriff's Department	828-464-4639
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